

KVASI



A FIELD GUIDE FOR PARENTS

Nine Realms at Home

*Nine small, hands-on ways to grow a curious child, one for each
part of learning.*

Children learn by wondering, making, and trying again, on a screen and off it.

Kvasi is the calm, on-screen part, built around nine realms, nine ways of understanding the world. This guide is for the rest of the day: one gentle, everyday thing for each realm, with why it matters and a question to ask. A few minutes is plenty.

BEFORE YOU BEGIN

How curiosity grows.

Children do not learn in subjects. Long before school, the real foundations are laid at home: the five pillars of reading, a feel for numbers, the patience to care for something small, the courage to ask why. None of it needs worksheets. It needs a few minutes, some everyday things, and someone curious alongside them.

HOW TO USE THIS GUIDE

One realm a day, in any order. Five to ten minutes is plenty. Follow your child's interest, not the page. There are no wrong answers, and "I don't know, let's wonder together" is one of the best things you can say.

IT GROWS WITH YOUR CHILD

At four, keep it short and playful; you lead, they join in. By six, let them lead, explain their thinking, and stretch each idea a little further. Every activity bends to fit, and the ones they love are worth repeating.

THE NINE REALMS

Language & reading · Maths & making · Life & nature · Art & beauty · Matter & physics · Energy & change · Earth & cosmos · Self & feeling · Philosophy & wisdom. Together, a whole way of understanding the world.

REALMS ONE TO THREE

Words, numbers, and living things.

1 LANGUAGE & READING

Read one picture book, then ask “what happens next, and why?”

Let your child guess the ending before you turn the page.

WHY Predicting and explaining is comprehension, the heart of real reading.

ALSO TRY Take turns telling the story from the pictures, in your own words.

ASK “Why do you think they did that?”

2 MATHS & MAKING

Count the steps to the kitchen, then build the tallest tower you can.

Cushions, blocks, books, anything to hand.

WHY Counting and building grow number sense and spatial reasoning.

ALSO TRY Guess how many blocks before it topples, then test your guess.

ASK “What could make it stronger?”

3 LIFE & NATURE

Plant a seed in a cup and visit it together each morning.

A bean or some cress sprouts in just a few days.

WHY Caring for something living builds patience and close observation.

ALSO TRY Draw the plant each day and lay the pictures side by side.

ASK “What does it need to grow?”

REALMS FOUR TO SIX

Making, testing, and change.

4 ART & BEAUTY

Mix two colours, name the new one, and hum a tune you invent.

There are no wrong colours and no wrong songs.

WHY Making things freely builds confidence and self-expression.

ALSO TRY Turn the new colour or the little tune into a tiny story.

ASK “How does this one make you feel?”

5 MATTER & PHYSICS

Fill a bowl with water. Guess what floats, then test each thing.

A spoon, a cork, a grape, whatever is nearby.

WHY Guessing, then testing, is the first shape of scientific thinking.

ALSO TRY Sort everything into a “floats” pile and a “sinks” pile.

ASK “Why do you think that one floated?”

6 ENERGY & CHANGE

Hold an ice cube together and watch it melt.

Notice the cold, the drip, the little puddle.

WHY Watching something change teaches cause and effect.

ALSO TRY Put one cube in the freezer and one on the windowsill; compare.

ASK “Where did the water come from?”

REALMS SEVEN TO NINE

The sky, the self, and the big why.

7 EARTH & COSMOS

Look at the moon tonight. Draw its shape, and check again tomorrow.

No telescope needed, just a window.

WHY Tracking change over time builds memory and pattern-spotting.

ALSO TRY Keep a week of moon drawings on the fridge and watch it change.

ASK “What do you think it will look like tomorrow?”

8 SELF & FEELING

At bedtime, name one thing that felt hard and one that felt good.

You go first; it makes it safe to share.

WHY Naming a feeling is the first step to understanding and handling it.

ALSO TRY Give each feeling a colour, or a kind of weather.

ASK “What helped when it felt hard?”

9 PHILOSOPHY & WISDOM

Ask a big why: why is the sky dark at night?

You do not need the answer. Wondering is the whole point.

WHY Big questions grow reasoning, and the courage to sit with not-knowing.

ALSO TRY Trade questions, one each, with no right answers allowed.

ASK “What do you think, and why?”

PRINT & STICK ON THE FRIDGE

One realm a day.

Nine realms, seven days. Pick your favourites, and repeat the ones they love. Tick a box, and jot down the one thing that surprised you both.

☐	MONDAY	Language & reading
☐	TUESDAY	Maths & making
☐	WEDNESDAY	Life & nature
☐	THURSDAY	Art & beauty, or Matter & physics
☐	FRIDAY	Energy & change
☐	SATURDAY	Earth & cosmos
☐	SUNDAY	Self & feeling, and one big why

Curiosity is not a subject, and it does not switch off when the screen does. Kvasi brings all nine realms to life, calmly and ad-free; this guide is for the wondering in between. — Alex & May, kvasi.app